

*DIRECTIONS TO:*  
**LAGUARDIA MARRIOTT HOTEL**  
**102-05 Ditmars Boulevard**  
**East Elmhurst, NY 11369**  
**(718) 565-8900**

**FROM NORTHERN NEW JERSEY**

Palisades Parkway to the George Washington Bridge. Follow signs to the Major Deegan Expressway (87 South). Follow signs to the Triboro Bridge. Follow signs to the Grand Central Parkway. Take the 94th Street Exit. At the light, go straight up to the stop sign. You will enter a Traffic Circle. Go a quarter of the way around the circle. Exit right out of circle. The hotel will be on your left.

**FROM SOUTHERN NEW JERSEY**

New Jersey Turnpike to Exit 10 (Outer Bridge Crossing). Take West Shore Expressway to Route 278 south; to the Verrazano bridge; to the Brooklyn Queens Expressway East; to the Grand Central Parkway East; to the 94th Street Exit. At light, go straight up to the stop sign. You will enter a traffic circle. Go a quarter of the way around the circle and exit right out of the circle. The hotel will be on your left.

**FROM LONG ISLAND**

Take the Grand Central Parkway (Northern State Parkway) to the 94th Street Exit. This is the service road for the airport. Take it down to the traffic light. Make a left at the light. Make a left at the next light (Ditmars Boulevard). Take this up to the stop sign. You will enter a traffic circle. Go a quarter of the way around the circle. Exit right out of circle. The hotel will be on your left.

**FROM NEW YORK CITY**

Take the Triboro Bridge to the Grand Central Parkway to the 94th Street exit. At light, go straight up to the stop sign. You will enter a traffic circle. Go a quarter of the way around the circle. Exit right out of circle. The hotel will be on your left.

**FROM WESTCHESTER**

Take the Hutchison River Parkway South to the Whitestone Bridge. Take the Whitestone Expressway and follow signs for Astoria Boulevard Exit. At light, make a right (Ditmars Boulevard). Go down about 4-6 blocks. Hotel will be on your right.